

## -SUMMARY OF RESULTS- 'Where's the Food' Community Survey

Recently, a group of interested Fitzroy Harbour community members came together to complete a community food assessment called *Where's the Food?* This assessment is an important component of the community-university project *Food for All: An Ottawa Community Response*. *Food for All* is a 2-year project funded by the Canadian Institutes for Health Research, which seeks to understand and take action on community food issues across Ottawa.

Part of the assessment included the distribution of a community survey via the Internet and in paper format to Fitzroy Harbour residents. Survey respondents were asked to indicate how 'likely' or 'unlikely' it would be that they would participate in a number of different community initiatives related to food accessibility. In total, 67 area residents completed the survey. Highlights of their responses are below:

### Community Garden

- 27% of respondents reported it would be 'likely' or 'very likely' that they would participate in a community garden.

**Sample comment:** "Prices would have to be better than grocery store, financial concerns".

Many respondents who were not likely to participate mentioned having their own garden or farm.

### Good Food Box

- 36% of respondents reported it would be 'likely' or 'very likely' that they would participate in a Good Food Box program.

**Sample comment:** "It would depend on what items were available and the cost. Presently we are able to use pick-your-own-fruit farms and have most of our own vegetables".

### Meals on Wheels

- 16% of respondents reported it would be 'likely' or 'very likely' that they would participate in a Meals on Wheels hot meal program.
- 13% of respondents reported it would be 'likely' or 'very likely' that they would participate in a Meals on Wheels frozen meal program.

**Sample comment:** "Would like to be able to provide this as a gift idea to family, relative or friends".

### Transportation

- 19% of respondents reported it would be 'likely' or 'very likely' that they would use a shuttle service to get to a food store.

**Sample comment:** "When we are much older perhaps".

### Country Kitchen

- 30% of respondents reported it would be 'likely' or 'very likely' that they would participate in a Country Kitchen program. Three percent of respondents indicated they already participated in such a program.

**Sample comment:** "I would volunteer to help with such a program".

### School program

- 34% of those responding to this question indicated they would be interested in having a daily breakfast program at their child's school. Most respondents' children attend St-Michael's school.

**Sample comment:** "It would make it so much easier on us working families in the morning."

## **Volunteering**

- 26% of those who responded to this question indicated they would be interested in volunteering with one or some of the programs listed above.

## **Demographic Information**

- Respondents represented all adult age groups. The greatest proportion (35%) of respondents were in the 41 to 50 years age group.
- Most respondents lived in either a two-person household (40%) or a four-person household (34%).
- Most respondents (66%) lived in the KOA 1XO area but 34% lived in other areas such as Dunrobin, Woodlawn, Kinburn, Arnprior, Kanata and Nepean.